



# NEWSLETTER

Community Learning Centers



## OASD Community Learning Centers

January 2021: Issue 4

### Social-Emotional Learning and Team Building

**The Merrill Middle School M.E.L.T. Program:** Has been discussing “**The Role Of Resilience**” and how to be Resilient in 2021. The group came up with the following definition of resilience; the process of adapting well when facing adversity, trauma, tragedy and going through a significant amount of stress. The MELT group came up with five things that they felt could help them be Resilient:

- Stay hopeful and support your friends & family.
- Create a Self-Care plan for yourself, doing things that make you “Happy”
- Make meaningful and positive relationships.
- Ask for HELP if you need it.
- Talk about your problems.

**The Tipler/ALPS Middle School M.E.L.T Program:** Students continued to engage in science activities like straw rockets, and the floating ball. They also created their own “Dream House” with many coming up with some really cool, fun ideas for their house. Who wouldn’t want a trampoline in their living room or a swimming pool in their bedroom. We look forward to returning to in-person learning on February 18. It will be great to have all the students back, and they will once again be able to hang-out with all their friends.

**The Webster Middle School M.E.L.T Program:** MELT After School Program at Webster Stanley Middle School is now FREE to all students who would like to join. After school offers a variety of engaging activities, such as free snacks, academic support, physical activity, homework help and lessons

**\*This program is funded in cooperation with the Oshkosh Area School District and the Wisconsin Department of Public Instruction 21st Century Community Learning Center Grant Program.\***

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throughout program time. If interested, please contact Megan Last at [megan.last@oshkosh.k12.wi.us](mailto:megan.last@oshkosh.k12.wi.us) or at 920-410-3971.

This past week we collaborated with LSH to make blankets for New Pawsibilities 🐾

We are so excited to see everyone back together February 18!

**HAPPY WINTER !!!**

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